

Nutrition Facts

Serving Size about 2 spears (19g)

Servings Per Container about 10

Amount Per Serving

Calories 30

Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g 0%

Cholesterol 0mg 0%

Sodium 150mg 6%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Sugars 1g

Protein 0g

Vitamin A 0% • Vitamin C 3%