

Item # 531800

Desc: Sea Salt Multi Grain Crackers

Nutrition Facts

Serving Size 16 crackers (30g)

Servings Per Container about 4

Amount Per Serving

Calories 120 Calories from Fat 30

% Daily Value*

Total Fat 3 g 5 %

Saturated Fat 0 g 0 %

Trans Fat 0g

Cholesterol 0 mg 0 %

Sodium 135 mg 6 %

Total Carbohydrate 23 g 8 %

Dietary Fiber 3g 12 %

Sugars 2g

Protein 2g

Vitamin A 0% Vitamin C 0%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

531800 Multi-Grain Crackers

Ing: Brown rice flour, whole grain yellow corn, potato starch, safflower oil, oat fiber, evaporated cane juice, sesame seeds, flax seeds, millet, sea salt, quinoa seeds.

Product information/materials may change. Refer to the package or call for updates.