



HOMEMADE NOODLES

Cholesterol-Free Pasta 100% Whole Wheat

INGREDIENTS: 100% Whole Wheat Flour, Water, Egg Whites.

No Salt, Color or Preservatives

Cooking Directions: Cook pasta in 3-4 quarts boiling water 15-17 minutes or until desired tenderness.

Mrs. Miller's Homemade Noodles

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Net Wt. 16 Oz. (1 Lb.) (454g)



Nutrition Facts

Serving Size 2 oz (57g)

Servings Per Container 8

Amount Per Serving

Calories 176 Calories from Fat 9

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 11mg **0%**

Total Carbohydrate 37g **12%**

Dietary Fiber 4g **16%**

Sugars 2g

Protein 9g

Vitamin A 0% • Vitamin C 0%

Calcium 1% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4