

571100



# HOMEMADE NOODLES

## Cholesterol-Free Pasta Spinach

**INGREDIENTS:** Unbleached Wheat Flour; Enriched with B Vitamins (Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid) and Iron (Ferrous Sulfate); Water; Spinach Powder, Egg Whites.

**No Salt, Color or Preservatives**

**Cooking Directions:** Cook pasta in 3-4 quarts boiling water for 7-10 minutes or until desired tenderness. Rinse and drain. Use in your favorite recipe.

Mrs. Miller's Homemade Noodles  
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Parve



**Net Wt. 16 Oz. (1 Lb.) (454g)**

### Nutrition Facts

Serving Size 2 oz (57g)  
Servings Per Container 8

**Amount Per Serving**

**Calories 198**      Calories from Fat 9

**% Daily Value\***

<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 26mg	<b>1%</b>
<b>Total Carbohydrate</b> 40g	<b>13%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 2g	
<b>Protein</b> 9g	

Vitamin A 13%      •      Vitamin C 16%  
Calcium 3%      •      Iron 13%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4