

# Blue Diamond Nut Thins Artisian Sesame

## NUTRITION FACTS

**Serving Size** 13 crackers (30g)

**Servings per Container** about 4

---

Amount per Serving

---

**Calories** 130

Calories from Fat 35

---

% Daily Value\*

---

**Total Fat** 4g 6 %

Saturated Fat 0g 0 %

Trans Fat 0g 0 %

**Cholesterol** 0mg 0 %

**Sodium** 140mg 6 %

**Total Carbohydrate** 21g 7 %

Fiber 3g 12 %

Sugars 1g

---

**Vitamin A** 0%

**Vitamin C** 0%

**Calcium** 4%

**Iron** 4%

**Vitamin E** %

**Niacin** %

**Phosphorous** %

**Magnesium** %

**Manganese** %

Last Changed: 6/25/2013