



Nutritional Information

Golden Barrel Blackstrap Molasses

	Per 100 g
Calories	241.90 Kcal
Fat	0 g
Saturated Fat	0 g
Cholesterol	0 mg
Protein	0.14 g
Carbohydrate	62.19 g
Fiber	0.06 g
Sugars	54.45 g
Calcium	790 mg
Iron	16.22 mg
Sodium	52.60 mg
Potassium	2325.30 mg
Vitamin A	4.40 IU
Vitamin C	0.05 mg
Niacin	1.02 mg
Thiamine	0.03 mg
Riboflavin	0.14 mg