

Item # 158212

Desc: Whole Wheat Pancake Mix

Nutrition Facts	
Serving Size	1/3 cup (45g)
Servings Per Container	Varied
Amount Per Serving	
Calories 150	Calories from Fat 10
% Daily Value*	
Total Fat 1 g	1 %
Saturated Fat 0 g	0 %
Trans Fat 0 g	
Cholesterol 0 mg	0 %
Sodium 480 mg	20 %
Total Carbohydrate 32 g	11 %
Dietary Fiber 5 g	19 %
Sugars 2 g	
Protein 5 g	
Vitamin A 0%	Vitamin C 0%
Calcium 200%	• Iron 8%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	

158212 Whole Wheat Pancake Mix

Ing: Whole wheat flour, corn flour, whole rye flour, calcium phosphate, bicarbonate of soda, salt.

**Contains: Wheat Ingredients.

Product information/materials may change.

Refer to the package or call for updates.