

**Bickels Snack Foods
Corn Chips**

NUTRITION FACTS	
Serving Size: 1oz (28g / about 20 chips)	
Servings per Container:	
Amount per Serving	
Calories 180	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 3g	
Vitamin A 0% * Vitamin C 0%	
Calcium 0% * Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Whole grain corn, vegetable oil (contains one or more of the following: canola, corn, cottonseed, safflower, soybean or sunflower), and salt.

**Contains: Soy Ingredients.