

**Bickels Snack Foods
Fried Cheese Curls**

NUTRITION FACTS	
Serving Size: 1oz (28g / about 1 cup)	
Servings per Container:	
Amount per Serving	
Calories 150	Calories from Fat 100
% Daily Value*	
Total Fat 11g	16%
Saturated Fat 2g	9%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrate 13g	4%
Dietary Fiber less than 1g	3%
Sugars 2g	
Protein 2g	
Vitamin A 2% * Vitamin C 0%	
Calcium 2% * Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Corn meal, vegetable oil (contains one or more of the following: canola, corn, cottonseed, safflower, soybean, or sunflower) whey, salt, maltodextrin, cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), corn syrup solids, sodium caseinate, natural and artificial flavors, monosodium glutamate, disodium phosphate, yellow #6 and yellow #5.

**Contains: Milk and Soy Ingredients