

Martin's Potato Chips

Sour Cream & Onion Ripple Potato Chips

NUTRITION FACTS	
Serving Size: 1oz (28g / about 15 chips)	
Servings per Container: 17	
Amount per Serving	
Calories 150	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars less than 1g	
Protein 2g	
Vitamin A 0% * Vitamin C 10%	
Calcium 0% * Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 * Carbohydrate 4 * Protein 4	

Ingredients: Potatoes, cottonseed oil, pure vegetable shortening (soybean), sour cream & onion seasoning (whey, sour cream (cream, nonfat milk, cultures), salt, sugar, onion, dextrose, nonfat milk, cultured nonfat milk, monosodium glutamate, parsley, modified corn starch, citric acid, lactic acid, natural and artificial flavor, disodium inosinate and disodium guanylate, tocopherols and ascorbyl palmitate to help protect freshness), salt.

**Contains: Milk and Soy Ingredients.