

Supplement Facts

Serving Size 3 Softgels (3 g)

Servings Per Container 30

Amount Per Serving	% Daily Value*
Calories 30	Calories from Fat 30
Total Fat 3 g	5%
Saturated Fat 258 mg	2%
Cholesterol 5 mg	2%
Vitamin E Natural 3 IU	10%
Omega-3 Polyunsaturated Fat	
Alpha Linolenic Acid (LNA) 557 mg	†
Eicosapentaenoic Acid (EPA) 390 mg	†
Docosahexaenoic Acid (DHA) 200mg	†
Omega-6 Polyunsaturated Fat	
Linoleic Acid (LA) 565 mg	†
Gamma-Linolenic Acid (GLA) 220 mg	†
Omega-9 Monounsaturated Fat	
Oleic Acid 395 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.