

# ATLANTIC

QUALITY SPICE & SEASONING

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NUTRITIONAL INFORMATION

LEMON PEPPER, BLN070500

<u>ITEM</u>	<u>UNIT</u>	<u>PER 100 GRAMS</u>
CALORIES	CAL	173.32
FAT CAL	CAL	14.69
TOTAL FAT	GRAM	1.63
SATURATED FAT	GRAM	0.00
CHOLESTEROL	MG	0.00
SODIUM	MG	21564.80
CARBOHYDRATES	GRAM	39.66
MOISTURE	GRAM	2.52
CALCIUM	MG	27.59
ASH	GRAM	56.16
DIETARY FIBER	GRAM	2.06
SUGARS	GRAM	12.00
VITAMIN A	IU	28.50
VITAMIN C	MG	0.00
IRON	MG	3.00
PROTEIN	GRAM	0.00
POTASSIUM	MG	1.65

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