

ATLANTIC

QUALITY SPICE & SEASONING
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NUTRITIONAL INFORMATION CELERY SEED

<u>ITEM</u>	<u>UNIT</u>	<u>PER 100 GRAMS</u>
CALORIES	CAL	452.96
FAT CAL	CAL	205.20
TOTAL FAT	GRAM	22.80
SATURATED FAT	GRAM	0.00
CHOLESTEROL	MG	0.00
SODIUM	MG	170.00
CARBOHYDRATES	GRAM	43.94
MOISTURE	GRAM	5.00
CALCIUM	MG	1.80
ASH	GRAM	10.20
DIETARY FIBER	GRAM	12.90
SUGARS	GRAM	0.00
VITAMIN A	IU	50.00
VITAMIN C	MG	17.00
IRON	MG	44.90
PROTEIN	GRAM	18.00
POTASSIUM	MG	0.00

INGREDIENTS: CELERY SEED

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