

**French Onion Soup Mix**  
**Dutch Valley Foods**  
**March 27, 2007 - Revised**

<b>Nutrition Facts</b>	
Serving Size 1/4 cup (dry) (29g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 100</b>	<b>Calories from Fat 0</b>
<b>% Daily Value*</b>	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 1550mg</b>	<b>65%</b>
<b>Total Carbohydrate 21g</b>	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 6g	
<b>Protein 4g</b>	
Vitamin A 4%	• Vitamin C 6%
Calcium 8%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients:** Onions, broth & seasoning (salt, autolyzed yeast, dextrose, monosodium glutamate, potato flour, lactose, caramel powder, soybean oil, celery, onion and garlic powder, cornstarch, spices), maltodextrin, onion powder, cornstarch, butter flavor (maltodextrin, salt, natural flavors, buttermilk, cornstarch, partially hydrogenated soybean oil, paprika & turmeric), soy powder (soy sauce (naturally fermented from wheat, soybeans, salt), maltodextrin, caramel color, sulfating agents), sugar, wine powder (maltodextrin, sauterne wine solids, prepared with sulfur dioxide), garlic, pepper, ginger, natural lemon flavor (citric acid, modified food starch).

**Allergen Information**

\*\*Contains: Wheat, Milk and Soy Ingredients.

\*\*Packaged in a facility that also processes products containing: peanuts, tree nuts, soybeans, milk, egg, fish, crustaceans shellfish and wheat ingredients.