

Southwest Dip Mix
Dutch Valley Foods
March 27, 2007 - Revised

Nutrition Facts	
Serving Size 2 Tbsp (prepared) (30g)	
Servings Per Container	
Amount Per Serving	
Calories 60	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 20mg	6%
Sodium 125mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 1g	
Vitamin A 8%	• Vitamin C 4%
Calcium 4%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Dextrose, onion, tomato powder, salt, chili powder (chili, cumin, oregano, spices, salt), paprika, broth mix (salt, autolyzed yeast, dextrose, monosodium glutamate, potato flour, lactose, caramel color, soybean oil, celery, onion powder, garlic powder, corn starch, spices), red & green bell peppers, citric acid, cumin, roast garlic, parsley, jalapeno powder, food starch-modified, cilantro, black pepper, silicon dioxide, annatto, oregano.

Allergen Information

**Contains: Milk and Soy Ingredients.

**Packaged in a facility that also processes products containing: peanuts, tree nuts, soybeans, milk, egg, fish, crustaceans shellfish and wheat ingredients.

Mixing Instructions

8oz Sour Cream
 3 Tbsp. Southwest Dip Mix

Mix together well, refrigerate for 15 or more minutes. Serve.