

Cucumber Dill Dip Mix
Dutch Valley Foods
March 28, 2007 - Revised

Nutrition Facts	
Serving Size 2 Tbsp. (prepared) (30g)	
Servings Per Container	
Amount Per Serving	
Calories 80	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 310mg	13%
Total Carbohydrate 10g	3%
Dietary Fiber 0g	0%
Sugars 9g	
Protein 1g	
Vitamin A 4%	• Vitamin C 0%
Calcium 4%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Dextrose, onion, sea salt (with magnesium carbonate), citric acid, garlic salt (salt, garlic, calcium stearate), dill weed, silicon dioxide, parsley.

Allergen Information

Allergens: None Present

**Packaged in a facility that also processes products containing: peanuts, tree nuts, soybeans, milk, egg, fish, crustaceans shellfish and wheat ingredients.

Mixing Instructions

8oz Sour Cream

¼ cup Cucumber Dill Dip Mix

-Mix together well, refrigerate for 15 or more minutes, serve.