

Item # 278118

Desc: Alpine Spinach Dip Mix

Nutrition Facts			
Serving Size		2 tbsp (prepared) (30g)	
Servings Per Container		Varied	
Amount Per Serving			
Calories	70	Calories from Fat	60
		% Daily Value*	
Total Fat	6 g		9 %
Saturated Fat	4 g		21 %
Trans Fat	0g		
Cholesterol	20 mg		7 %
Sodium	170 mg		7 %
Total Carbohydrate	3 g		1 %
Dietary Fiber	0g		0 %
Sugars	2g		
Protein	2g		
Vitamin A	6%	Vitamin C	2%
Calcium	4%	• Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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278118 Alpine Spinach Dip Mix

Ing: Sweet cream buttermilk, dextrose, whole milk powder, sweet whey, malto-dextrin, corn starch, spinach, natural butter flavor, sea salt(with magnesium carbonate), onion, onion powder, natural flavors, parmesan cheese(milk, cheese culture, salt, enzyme), roast garlic, lactic acid.

**Contains: Milk ingredients
**Processed in a facility that also processes products containing: Peanuts, tree nuts, soybeans, milk, egg, fish, crustacean shellfish and wheat ingredients.
**Product information/materials may change. Refer to the package or call for updates.

Alpine Spinach Dip

All Natural - No MSG
8 oz Sour Cream
8 oz Cream Cheese - softened
1/2 cup Alpine Spinach Dip Mix
Soften cream cheese (microwave for 45 sec)
Add the sour cream and stir until smooth.
Add the dip mix and stir again.
Refrigerate 3 hours or more to allow spinach to fully hydrate.
Serve.

Creamy Alpine Spinach Dressing

8 oz Sour Cream
8 oz Mayonnaise
2/3 cup Water
2 Tbls. White or Red Wine Vinegar
1/2 cup Alpine Spinach Dip Mix
Blend all ingredients until smooth.
Refrigerate for 3 or more hours.
Serve.