

TH Foods, Inc.
Oat Bran Sesame Sticks

NUTRITION FACTS			
Serving Size: 1oz (28g)			
Servings per Container:			
Amount per Serving			
Calories 160	Calories from Fat 100		
% Daily Value*			
Total Fat 11g	17%		
Saturated Fat 1.5g	8%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 310mg	13%		
Total Carbohydrate 12g	4%		
Dietary Fiber 1g	4%		
Sugars 0g			
Protein 3g			
Vitamin A 0%	*	Vitamin C 0%	
Calcium 6%	*	Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	*	Carbohydrate 4	*
		Protein 4	

Ingredients: Unbleached wheat flour (malted barley flour added as a preservative), soybean oil, sesame seeds, oat bran, bulgur wheat, salt, beet powder (color), turmeric (color).