

Louisiana Cajun Snack Mix
Dutch Valley Foods
September 3, 2008

Nutrition Facts	
Serving Size 1/3 cup (30g)	
Servings Per Container	
Amount Per Serving	
Calories 150	Calories from Fat 80
% Daily Value*	
Total Fat 8g	13%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	19%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	6%
Sugars 0g	
Protein 3g	
Vitamin A 4%	• Vitamin C 2%
Calcium 4%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

(Please find the Ingredients and Allergen Statement on the following page)

Ingredients: Cajun sesame sticks (unbleached wheat flour (malted barley flour added as a preservative), soybean oil, sesame seeds, bulgur wheat, cajun seasoning (salt, spices (including paprika), dehydrated onion, torula yeast, green bell pepper, dehydrated garlic, cocoa powder, oleoresin paprika), salt, beet powder (color), turmeric (color)), chili lemon corn sticks (yellow corn masa, soybean oil, chili lemon seasoning (salt, maltodextrin, paprika and spices, citric acid, natural flavoring, onion powder, tomato powder, garlic powder, monosodium glutamate, extracts of paprika, cocoa powder, partially hydrogenated soybean oil)), hot cajun peanuts (peanuts, cheese seasoning (salt, cheese blend (romano, cheddar and blue cheese (milk, salt, cheese culture, enzymes), whey, partially hydrogenated soybean oil, maltodextrin, reduced lactose whey, salt, dipotassium phosphate, nonfat dry milk, citric acid and artificial color including yellow 5, yellow 6), tomato powder, onion powder, garlic powder, butter powder (maltodextrin, salt, natural flavor, partially hydrogenated soybean oil, buttermilk, sodium bicarbonate, guar gum, lactose, sodium caseinate, annatto extractive, turmeric extractives), citric acid, spice, nonfat milk solids and less than 2% silicon dioxide (anti-caking agent)), vegetable oil (peanut, cottonseed, soybean and/or sunflower seed), and red pepper), chili rice crackers (rice, cornstarch, soy sauce (water, soybeans, wheat, salt), sugar, salt, onion powder, garlic powder, FD&C yellow #6, red pepper extract), ground red pepper.

Components: Cajun Sesame Sticks, Chili Lemon Corn Sticks, Hot Nacho Peanuts, Chili Rice Crackers, Ground Red Pepper.

Allergen Statement

**Contains: Milk, Wheat, Peanuts, and Soybean Ingredients.

**Packaged in a facility that also processes products containing: peanuts, tree nuts, soybeans, milk, egg, fish, crustaceans shellfish and wheat ingredients.