

KIDDIESNAX
DUTCH VALLEY FOODS
NUTRIPAR
November 11, 2005

Nutrition Facts	
Serving Size about 1/4 cup	
Servings Per Container	
Amount Per Serving	
Calories 130	Calories from Fat 35
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	5%
Sugars 12g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Candy Drops (sugar, cocoa, partially hydrogenated palm kernel oil, whey, artificial color (FD&C blue #1, blue #2 lake, yellow #5 lake, yellow #6, yellow #6 lake, red #40, red #40 lake, sorbitol, titanium dioxide, phosphoric acid, methyl & propyl parabens, caramel), nonfat milk powder, corn syrup, soy lecithin (emulsifier), wax, dextrin, vanillin (artificial flavor); Pretzels (enriched wheat flour {niacin, iron, thiamine, riboflavin, folic acid} salt, corn syrup, malt, yeast, bicarbonate & carbonates of sodium); Crackers (enriched flour {wheat flour, niacin, reduced iron, thiamin, riboflavin, folic acid}, sugar, partially hydrogenated soybean oil , high fructose corn syrup, salt, sodium bicarbonate {leavening}, soy lecithin {emulsifier}, natural flavor, nutmeg, mace, nonfat milk); Cheddar Crackers (bleached enriched flour {wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, partially hydrogenated soybean oil, cheddar cheese {pasteurized milk, cheese cultures, salt, enzymes}, salt, yeast extract, citric acid, sodium bicarbonate, whey, corn syrup, paprika, monosodium glutamate, turmeric, lactic acid, spices, onion powder, garlic powder, artificial colors (Yellow #5 & #6); Cereal (corn flour, sugar, whole grain oat flour {oat bran}, modified corn starch, honey, salt, niacin, turmeric (color), vitamin A palmitate, reduced iron, vitamin B12 zinc oxide, folate, vitamin B6, vitamin B2, vitamin B1, vitamin D, BHT (for freshness), wheat starch).