

09/27/2007

GKI Chocolate Bear Crunch

Nutrition Facts

Serving Size (40g)
Servings Per Container

Amount Per Serving

Calories 190 **Calories from Fat** 90

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 4.5g **23%**

Trans Fat 0.5g

Cholesterol 10mg **3%**

Sodium 125mg **5%**

Total Carbohydrate 25g **8%**

Dietary Fiber 1g **4%**

Sugars 21g

Protein 2g

Vitamin A 4% • Vitamin C 0%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: MILK CHOCOLATE (SUGAR, WHOLE MILK, COCOA BUTTER, CHOCOLATE LIQUOR, SOY LECITHIN (AN EMULSIFIER) AND VANILLIN (ARTIFICIAL FLAVOR)), GRANULATED SUGAR, BROWN SUGAR, CORN SYRUP, BUTTER, POPCORN, MARGARINE, ALMONDS AND CASHEWS.

Contains Almonds, Cashews, Milk and Soy.

ALLERGY INFORMATION; THIS PRODUCT MADE IN FACILITY THAT PROCESSES PEANUTS, TREE NUTS, SOY, WHEAT AND DAIRY PRODUCTS.