

Item # 544223

Desc: Black Bean Sticks

Nutrition Facts			
Serving Size (28g)		Serving Per Container Varied	
Amount Per Serving			
Calories	150	Calories from Fat	90
			% Daily Value*
Total Fat	10 g		15 %
Saturated Fat	1.5 g		8 %
Trans Fat	0g		
Cholesterol	0 mg		0 %
Sodium	390 mg		16 %
Total Carbohydrate	15 g		5 %
Dietary Fiber	2g		8 %
Sugars	1g		
Protein	2g		
Vitamin A	4%	Vitamin C	4%
Calcium	2%	• Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

544223 Black Bean Sticks

Ing: Yellow Corn Masa, Soybean Oil, Black Bean Flakes (black beans, salt), Black Bean Seasoning (salt, dehydrated black beans, tomato powder, spices, dehydrated jalapeno, onion & garlic powder), Millet, Salt.

**Contains: Soy Ingredients.

Product information/materials may change. Refer to the package or call for updates.