

Pretzel Mix (Nine Variety)
Dutch Valley Foods
September 25, 2008 - Revised

Nutrition Facts	
Serving Size 1/2 cup (30g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

(Please find the Ingredients and Allergen Statement on the following page)

Ingredients: Pretzel Balls (Large) (enriched wheat flour (contains niacin, reduced iron, thiamin mononitrate, riboflavin folic acid), partially hydrogenated soybean oil, malt, salt, yeast, sodium bicarbonate), Butter Braided Pretzels (soft red wheat flour, vegetable oil (may contain one or more of the following: corn, canola, cottonseed, soybean) salt, corn syrup, corn syrup artificial butter flavoring, yeast), Micro Mini Pretzels (wheat flour, salt, vegetable oil (may contain one or more of the following: corn, canola, cottonseed, soybean), corn syrup, sodium bicarbonate, yeast), Chocolate Pretzel Grahams (Unbleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate-B1, riboflavin-B2, folic acid), sugar, soybean oil, graham flour, cocoa (processed with alkali), honey, salt, soy lecithin (emulsifier), leavening (baking soda), and vanilla), Oat Bran Nuggets (unbleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate-B1, riboflavin-B2, folic acid), oat bran, soy flour, malt, soybean oil, salt, and yeast), Peanut Butter Pocket Pretzel (enriched unbleached wheat flour (contains: niacin, reduced iron, thiamine mononitrate, riboflavin and folic acid), peanut butter (peanuts, sugar, salt, mono and diglycerides (emulsifiers)), palm oil, salt, corn syrup, yeast, bicarbonates and carbonates of sodium), Mini Stick Pretzels (wheat flour, corn syrup, soybean and/or cottonseed oil, salt, yeast, sodium bicarbonate and soda), Pretzel Rings (soft red wheat flour, salt, vegetable oil (may contain one or more of the following corn, canola, cottonseed, soybean), corn syrup, sodium bicarbonate, yeast), Little Cheeser's (choice blended wheat flour, sharp cheddar cheese (milk, cheese culture, salt, enzymes), salt, corn syrup, vegetable shortening (contains one or more of the following: corn, canola, cottonseed, sunflower, partially hydrogenated soybean oil), yeast, cream, sodium phosphate, lactic acid, vegetable annatto coloring and soda), Mini Stick Pretzels (wheat flour, corn syrup, soybean and/or cottonseed oil, salt, yeast, sodium bicarbonate and soda).

Components: Pretzel Balls, Butter Braided Pretzels, Micro Mini Pretzels, Chocolate Pretzel Grahams, Oat Bran Nuggets, Peanut Butter Pocket Pretzels, Mini Stick Pretzels, Pretzel Rings, Little Cheeser's, Mini Stick Pretzels.

Allergen Information

**Contains: Peanuts, Wheat, Milk and Soy Ingredients.

**Packaged in a facility that also processes products containing: peanuts, tree nuts, soybeans, milk, egg, fish, crustaceans shellfish and wheat ingredients.