

White Christmas Nonpareils

Nutrition Facts

Serving Size 6 pieces

Servings Per Container 96

Amount Per Serving

Calories 230 Calories From Fat 0

% Daily Value*

Total Fat 14g 22%

Saturated Fat 11g 55%

Trans Fat 0g

Cholesterol 0mg 1%

Sodium 45mg 22%

Total Carbohydrate 24g 8%

Dietary Fiber 0g 0%

Sugars 0g

Protein 3g

Vitamin A 0% Vitamin C 0%

Calcium 10% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram

Fat 9

Carbohydrate 4

Protein 4

Last Changed **10/8/2018**