

**Zerega**  
**1/4" Medium Noodles (Wide)**

| <b>NUTRITION FACTS</b>   |                                 |
|--|---------------------------------|
| Serving Size: 2oz (56g)  |                                 |
| Servings per Container: 80   |                                 |
| Amount per Serving   |                                 |
| <b>Calories</b> 220  | <b>Calories from Fat</b> 25     |
| <b>% Daily Value*</b>  |                                 |
| <b>Total Fat</b> 2.5g  | 4%                              |
| Saturated Fat 0.5g   | 3%                              |
| Trans Fat 0g   |                                 |
| <b>Cholesterol</b> 50mg  | 17%                             |
| <b>Sodium</b> 15mg   | 1%                              |
| <b>Total Carbohydrate</b> 40g  | 13%                             |
| Dietary Fiber 3g   | 8%                              |
| Sugars 2g  |                                 |
| <b>Protein</b> 8g  |                                 |
| Vitamin A 0% * Vitamin C 0%  |                                 |
| Calcium 2% * Iron 10%  |                                 |
| Thiamine 30% * Riboflavin 10%  |                                 |
| Niacin 15% * Folate 30%  |                                 |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. |                                 |
| Calories: 2,000    2,500   |                                 |
| Total Fat  | Less than    65g    80g         |
| Saturated Fat  | Less than    20g    25g         |
| Cholesterol  | Less than    300mg    300mg     |
| Sodium   | Less than    2,400mg    2,400mg |
| Total Carbohydrate   | 300g    375g                    |
| Dietary Fiber  | 25g    30g                      |
| Calories per gram:   |                                 |
| Fat 9 * Carbohydrate 4 * Protein 4   |                                 |

**Ingredients:** Durum flour, eggs, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid.

\*\*Contains wheat and egg ingredients.

\*\*Information taken from product label