

Item # 320085

Desc: Sunflower Meats (Roasted No Salt)

| Nutrition Facts | | | |
|-------------------------------|------|-----------------------|-------------|
| Serving Size 3 Tbsp (30g) | | | |
| Servings Per Container Varied | | | |
| Amount Per Serving | | | |
| Calories 190 | | Calories from Fat 160 | |
| | | % Daily Value* | |
| Total Fat | 18 g | | 27 % |
| Saturated Fat | 2 g | | 9 % |
| Trans Fat | 0g | | |
| Cholesterol | 0 mg | | 0 % |
| Sodium | 0 mg | | 0 % |
| Total Carbohydrate | 12 g | | 1 % |
| Dietary Fiber | 2g | | 8 % |
| Sugars | 2g | | |
| Protein | 7g | | |
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 2% | • Iron | 10% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

320085 Sunflower Meats Roasted No Salt

Ing: Roasted sunflower kernels, sunflower oil (sunflower oil), citric acid).

**Packaged in a facility that also processes soybeans.

Product information/materials may change.

Refer to the package or call for updates.