

Item # 320095

Desc: Sunflower Seeds (Roasted & Salted) in Shell

Nutrition Facts			
Serving Size (28g)		Serving Per Container Varied	
Amount Per Serving			
Calories	180	Calories from Fat	130
		% Daily Value*	
Total Fat	15 g		23 %
Saturated Fat	1.5 g		9 %
Trans Fat	0g		
Cholesterol	0 mg		0 %
Sodium	150 mg		6 %
Total Carbohydrate	5 g		2 %
Dietary Fiber	2g		7 %
Sugars	0g		
Protein	7g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	• Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

320095 Sunflower Seeds (R&S) in Shell

Ing: Roasted in shell sunflower, salt (salt, tricalcium phosphate, yellow prussiate of soda).

**Packaged in a facility that also processes soybeans.

Product information/materials may change.

Refer to the package or call for updates.