

GILSTER-MARY LEE CORP.
NUTRITIONAL INFORMATION

Revision:

PIE CRUST (XXPIEV-03)

Nutrition Facts

Serving Size 2 Tbsp (16g) 1/8 of 9" crust
 Servings Per Container

Amount Per Serving

Calories	80
Calories from Fat	45
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	7%
Trans Fat 1.5g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Sugars less than 1g	
Protein less than 1g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on you calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

SERVINGS PER CONTAINER

Package Size	Number of Servings
4.5lb	about 128
5lb	about 142
25lb	about 709
50lb	about 1418

INGREDIENT STATEMENT

ENRICHED FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED VEGETABLE SHORTENING (CONTAINS SOYBEAN OIL), DAIRY PRODUCT SOLIDS, SALT, WHEY, WHEY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, SODIUM CASEINATE

CONTAINS: MILK, SOY, WHEAT