



Nutritional Information  
**Refined Sea Salt**

**DESCRIPTION:**

**Refined Sea Salt** is a food grade, granular, white crystalline, sodium chloride manufactured under stringent process control procedures by vacuum evaporation of chemically purified brine. The brine is obtained by dissolving solar salt. It contains magnesium carbonate as an anticaking/free-flowing agent. This product is available from Cargill Salt's Newark, CA facility.

NUTRITIONAL COMPONENT	UNITS	AMOUNT PER 100 GRAMS OF INGREDIENT*
MOISTURE (Maximum)	g	0.1
SODIUM	mg	39,325
CALCIUM	mg	30
MAGNESIUM	mg	145
IRON	mg	<0.1
PHOSPHORUS	mg	0
IODINE	mg	0
VITAMIN C	mg	0
CALORIES		0
TOTAL FAT	g	0
Saturated	g	0
Trans fat	g	0
Unsaturated	g	0
Monounsaturated	g	0
Polyunsaturated	g	0
CHOLESTEROL	mg	0
CARBOHYDRATES**	g	0
Complex	g	0
Sugars	g	0
TOTAL DIETARY FIBER	g	0
Soluble	g	0
Insoluble	g	0
PROTEIN	g	0
ASH	g	99.9
POTASSIUM	mg	N/A
THIAMINE	mg	0
RIBOFLAVIN	mg	0
NIACIN (Niacin Equivalent)	mg	0
VITAMIN A	IU	0

See Technical Data sheet No. 2140 for product information.

g = gram mg = milligram IU = international units

\*Calculated

\*\*Carbohydrates include Total Dietary Fiber

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**CARGILL SALT**

P.O. Box 5621  
 Minneapolis, MN 55440  
 1-888 385-7258

NOTICE: All of the above statements, recommendations, suggestions and data are based on our laboratory results, and we believe same to be reliable. Nevertheless, with the exception of data showing an express guaranty (such as in the case of products specifically designed for use as nutrient supplements), all such statements, recommendations, suggestions and data hereinabove presented are made without guaranty, warranty or responsibility of any kind on our part.