

**Nutritional Information for  
Yeast, Nutritional T6635****Serving Size** 1/4 cup(12g)**Servings Per  
Container** 18.00**Calories** 45.00**Calories from Fat** 5.00**Total Fat** 0.50g**Saturated Fat** 0.00g**Trans Fat** 0.00g**Cholesterol** 0.00mg**Sodium** 0.00mg**Total  
Carbohydrate** 5.00g**Dietary Fiber** 3.00g**Sugars** 0.00g**Protein** 6.00g**Ingredients** in active nutritional yeast