

Item # 155100

Desc: Wheat Flour Sprtd Whole Grain

Nutrition Facts

Serving Size approx 1/4 cup (30g)

Servings Per Container Varied

Amount Per Serving

Calories 90 Calories from Fat 5

% Daily Value*

Total Fat 0.5 g 1 %

Saturated Fat 0 g 0 %

Trans Fat 0g

Cholesterol 0 mg 0 %

Sodium 5 mg 0 %

Total Carbohydrate 20 g 7 %

Dietary Fiber 5 g 21 %

Sugars 1 g

Protein 4 g

Vitamin A 0% Vitamin C 0%

Calcium 2% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

155100 Sprouted Whole Grain Wheat Flour

Ing: Custom Milled Sprouted Whole Wheat Flour.

**No Additives.

**Contains: Wheat Ingredients.

Product information/materials may change.

Refer to the package or call for updates.