

Item # 154075

Desc: Gluten Free Almond Meal/Flour

Nutrition Facts			
Serving Size		1/4 cup (28g)	
Servings Per Container		Varied	
Amount Per Serving			
Calories	160	Calories from Fat	120
		% Daily Value*	
Total Fat	14 g		22 %
Saturated Fat	1 g		5 %
Trans Fat	0g		
Cholesterol	0 mg		0 %
Sodium	0 mg		0 %
Total Carbohydrate	6 g		2 %
Dietary Fiber	3g		12 %
Sugars	1g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	6%	• Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

154075 Gluten Free Almond Meal/Flour

Ing: Blanched Almonds.

**Contains: Tree Nut (almond) Ingredients.

Product information/materials may change.

Refer to the package or call for updates.