

Item # 577200

Desc: Corn Flakes

<b>Nutrition Facts</b>			
Serving Size 1 Cup (32g)			
Servings Per Container Varied			
Amount Per Serving			
<b>Calories</b> 130		Calories from Fat 0	
% Daily Value*			
<b>Total Fat</b>	0 g		0 %
Saturated Fat	0 g		0 %
Trans Fat	0 g		
<b>Cholesterol</b>	0 mg		0 %
<b>Sodium</b>	270 mg		11 %
<b>Total Carbohydrate</b>	28 g		9 %
Dietary Fiber	1 g		4 %
Sugars	3 g		
<b>Protein</b>	2 g		
Vitamin A	25%	Vitamin C	25%
Calcium	0%	• Iron	50%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**577200 Corn Flakes**

Ing: Degermed yellow corn meal, sugar, salt, malt extract.

Vitamins and Minerals:

Vitamin C (sodium ascorbate, ascorbic acid), iron (ferrous fumarate), vitamin A (palmitate), niacinamide, vitamin B2 (riboflavin), vitamin B1 (thiamine mononitrate), vitamin B6 (pyridoxine hydrochloride), vitamin D (cholecalciferol) folic acid.

\*\*BHT added to packaging to help preserve freshness.

Product information/materials may change. Refer to the package or call for updates.