

gki yogurt raisins

Nutrition Facts

Serving Size (40g)
Servings Per Container

Amount Per Serving

Calories 190 Calories from Fat 100
Calories from Saturated Fat 90

	% Daily Value*
Total Fat 11g	17%
Saturated Fat 10g	50%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	

Cholesterol 0mg **0%**

Sodium 15mg **1%**

Potassium 80mg **2%**

Total Carbohydrate 26g **9%**

Dietary Fiber 0g **0%**

Soluble Fiber 0g

Insoluble Fiber 0g

Sugars 23g

Other Carbohydrate 2g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: YOGURT COATING(SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, NONFAT MILK POWDER, WHOLE MILK POWDER, YOGURT POWDER (CULTURED WHEY AND NONFAT MILK), LACTIC ACID, SOY LECITHIN (AN EMULSIFIER) VANILLIN (ARTIFICIAL FLAVOR), SOUR CREAM FLAVOR), RAISINS, CONFECTIONERS GLAZE.

Contains Milk and Soy.

Allergy information: this product made in facility that processes peanuts, tree nuts, soy, wheat and dairy products.

